

# Inflammation-Related Marker NrLR Predicts Prognosis in AFP-Negative HCC Patients After Curative Resection

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**Background:** The role of inflammation-related markers in alpha-fetoprotein (AFP) negative hepatocellular carcinoma (HCC) is not well known. This study aimed to investigate the clinical significance of inflammation-related markers in AFP-negative HCC patients after curative resection.

**Methods:** One thousand one hundred and seventy-nine AFP-negative HCC patients after curative resection were included. Survival rate and prognostic analysis were performed using Kaplan-Meier and Cox regression analysis. Propensity score matching (PSM) was used for patient selection.

**Results:** Multivariate Cox regression showed that neutrophil times  $\gamma$ -glutamyl transpeptidase to lymphocyte ratio (NrLR) was the independent risk factor associated with OS ( $p = 0.002$ ) and RFS ( $p = 0.017$ ). Low NrLR groups ( $n = 628$ ) had lower rates of albumin-bilirubin (ALBI) grade 2 ( $p < 0.001$ ), lower rates of bleeding and blood transfusion ( $p < 0.001$ ) than high NrLR groups. Considering tumor features, low NrLR groups had lower AFP levels ( $p < 0.001$ ), smaller tumor size ( $p < 0.001$ ), and lower rates of Edmondson grade III–IV ( $p = 0.024$ ) than high NrLR groups. After PSM, the 1-year, 3 year-, and 5-year OS rates in the low NrLR and high NrLR groups were 96.3%, 86.9%, 64.9%, and 91.4%, 76.7%, 59.5% ( $p < 0.001$ ), respectively. The 1-year, 3-year, and 5-year RFS rates in the low NrLR and high NrLR groups were 80.0%, 62.9%, 47.5%, and 71.7%, 52.6%, 39.5% ( $p < 0.001$ ), respectively.

**Conclusion:** NrLR was a poor prognostic factor for mortality and tumor recurrence in AFP-negative HCC patients after curative resection. The simple and low-cost marker could help physician to determine patients at high risk of tumor recurrence for frequent clinical surveillance.

**Keywords:** hepatocellular carcinoma, AFP-negative, inflammation, NrLR, liver resection, prognosis

## Introduction

Hepatocellular carcinoma (HCC) is one of the most common malignancies worldwide.<sup>1</sup> With the development of early diagnosis and treatment of HCC, the long-term survival and quality of life have improved.<sup>2,3</sup> Many serum biomarkers have been used for diagnosis and treatment of HCC.<sup>4-7</sup>

Alpha-fetoprotein (AFP) is the most widely used serum biomarker for HCC in diagnosis and surveillance.<sup>8</sup> Elevated AFP is associated with aggressive tumor features and poor prognosis. However, about 35–40% of HCC patients have a negative range of serum AFP (AFP <20ng/mL), which limits the effect of AFP on the diagnosis and prognosis.<sup>9</sup> Previous studies have shown that D-dimer, C-reactive protein (CRP), pre-albumin, and some biomarker models can be used as prognostic indicators for AFP-negative HCC patients,<sup>10-12</sup> but they are not enough in clinical practice, so it is crucial to look for useful indicators to supervise and predict the outcome of AFP-negative HCC patients.

Inflammation is considered the seventh sign of cancer.<sup>13</sup> There is increasing evidence that inflammatory reaction plays an essential part in carcinogenesis.<sup>14</sup> Recently, several inflammation-related markers, such as neutrophil to lymphocyte ratio (NLR),<sup>15</sup> neutrophil times  $\gamma$ -glutamyl transpeptidase to lymphocyte ratio (NrLR),<sup>16</sup> lymphocyte to monocyte ratio (LMR),<sup>17</sup> platelet-to-lymphocyte ratio (PLR),<sup>18</sup> prognostic nutritional index (PNI),<sup>19</sup> and systemic immune-inflammation index (SII)<sup>20</sup> have been studied for their prognostic roles among HCC patients. These results show that an unusual relationship between inflammation and HCC. However, the impact of inflammation-related markers on AFP-negative HCC patients is not well known.

To address the issue, we collected a large cohort to investigate the clinical significance of inflammation-related markers in AFP-negative HCC patients after curative resection.

## Patients and Methods

### Patients

This study was reviewed on patients who underwent R0 liver resection for HCC from January 2008 to December 2014 and was obtained from primary liver cancer big data (PLCBD). The study was performed according to the ethical standards of the Declaration of Helsinki and approved by the institutional ethics committee of Mengchao Hepatobiliary Hospital of Fujian Medical University (NO.:2021\_089\_01). Informed consent requirement was waived due to the fact that this study did not involve personal privacy or commercial interests and patient data was confidential.

The inclusion criteria included: i) negative level of preoperative serum AFP level (AFP <20ng/mL), ii) no distant metastasis, iii) no macrovascular invasion, iv) curative resection, which was defined as radical hepatectomy of the tumor with normal margins. Exclusion criteria were anticancer therapy, palliative treatment, incomplete data, and lost to follow-up within 2 months after surgery.

### Clinicopathologic Variables and Follow-Up

The definition and cut-off value of neutrophil times  $\gamma$ -glutamyl transpeptidase to lymphocyte ratio (NrLR), lymphocyte to monocyte ratio (LMR), platelet to lymphocyte ratio (PLR), prognostic nutritional index (PNI), and systemic immune-inflammation index (SII) are shown in Table 1. We identified the optimal cut-off value for these inflammation-related indexes using the “surv\_cutpoint” function from “survminer” R package.

Patients were followed up once every three months for the first 2 years after discharge from hospitals and every six months in subsequent years. Each visit included physical examination, complete blood count, serum AFP, liver function, abdominal ultrasound, and CT scan. Recurrence was diagnosed on the basis of two concurring imaging techniques or the combination of increased AFP and consistent ultrasonography or CT findings.

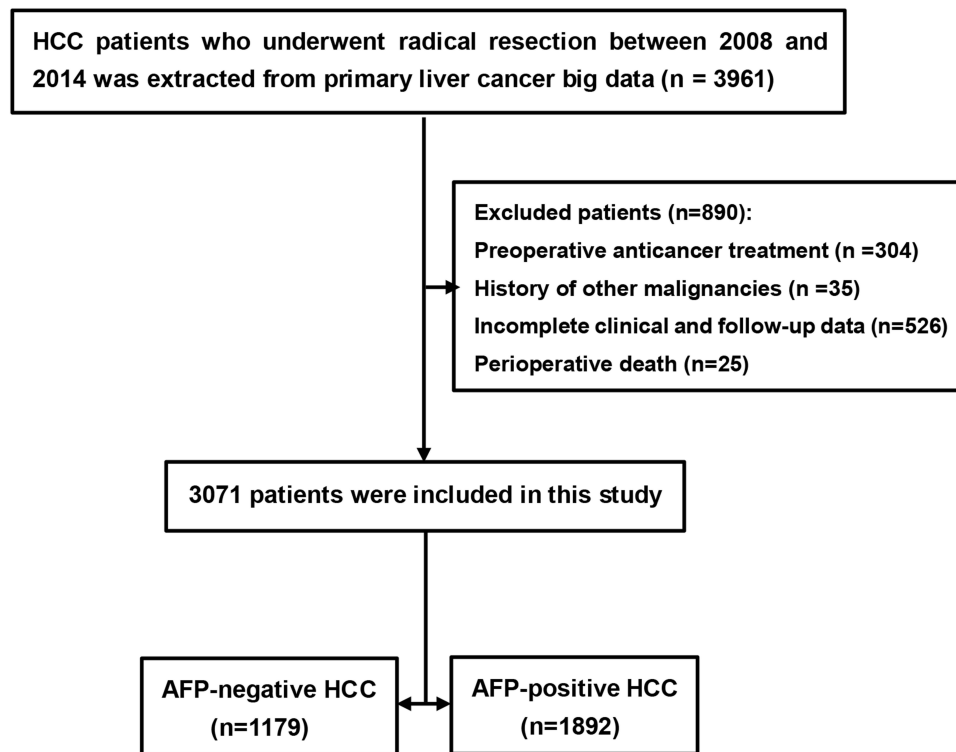
### Statistical Analysis

The categorical variable was compared by the chi-square test or Fisher's exact test. Mean (standard deviation, SD) was presented for normally distributed continuous variables and compared using the Student's *t*-test. Survival analysis was estimated by the Kaplan–Meier survival method. Prognostic analysis was carried out using the Cox proportional hazards model. A *p* value of less than 0.05 was considered to be statistically significant. All statistical analyses were performed with R version and SPSS 20.0. The R packages of “table1”, “MatchIt”, “glmnet”, “survminer”, and “survival” were used in this study.

**Table 1** The Definition and Cut-off Value of Inflammation-Related Marker

Inflammation-Related Marker	Formula	Cut-off Value
NrLR	Neutrophil ( $10^9/L$ ) $\times$ GGT (U/L) $\div$ lymphocyte ( $10^9/L$ )	120
LMR	Lymphocyte ( $10^9/L$ ) $\div$ monocyte ( $10^9/L$ )	5
PLR	Platelet ( $10^9/L$ ) $\div$ lymphocyte ( $10^9/L$ )	142
PNI	Albumin (g/L) $+ 5 \times$ lymphocyte ( $10^9/L$ )	50
SII	Platelet ( $10^9/L$ ) $\times$ neutrophil ( $10^9/L$ ) $\div$ lymphocyte ( $10^9/L$ )	580

**Abbreviations:** GGT,  $\gamma$ -glutamyl transpeptidase; NrLR, neutrophil times  $\gamma$ -glutamyl transpeptidase to lymphocyte ratio; LMR, lymphocyte to monocyte ratio; PLR, platelet to lymphocyte ratio; PNI, prognostic nutritional index; SII, systemic immune-inflammation index.



**Figure 1** The flow chart in the study.

**Abbreviations:** HCC, hepatocellular carcinoma; AFP, alpha-fetoprotein.

## Result

### The Study Patients

During the study period, 3961 HCC patients underwent curative resection. A total of 3071 patients who met the inclusion criteria were included in this study. There were 1892 AFP-positive HCC patients and 1179 AFP-negative HCC patients. The flow chart of these patients is shown in [Figure 1](#).

### Independent Factors for OS and RFS in AFP-Negative HCC Patients

Univariate Cox regression analysis for determining the independent factors is shown in [Table 2](#). Multivariate analysis showed that NtLR of  $>120$ , PNI of  $<50$ , tumor size of  $\geq 5\text{cm}$ , multiple tumor number, MVI, and poor tumor differentiation were the risk factors for OS ([Table 3](#)). The NtLR of  $>120$ , AFP, tumor size of  $\geq 5\text{cm}$ , multiple tumor number, MVI, and poor tumor differentiation were the risk factors associated with tumor recurrence by multivariate analysis ([Table 3](#)). These results showed that NtLR was the independent risk factor associated with OS ( $p = 0.002$ ) and RFS ( $p = 0.017$ ) in AFP-negative HCC patients ([Table 3](#)).

### Comparison of Baseline Features Between Low NtLR and High NtLR Groups in AFP-Negative HCC Patients

As summarized in [Table 4](#), there were 628 NtLR of  $\leq 120$  patients (low NtLR groups) and 551 NtLR of  $>120$  patients (high NtLR groups). Low NtLR groups had lower rates of ALBI grade 2 ( $p < 0.001$ ), lower rates of bleeding and blood transfusion ( $p < 0.001$ ) than high NtLR groups. Considering tumor features, low NtLR groups had lower rates of elevated AFP levels ( $p < 0.001$ ), smaller tumor size ( $p < 0.001$ ), and lower rates of Edmondson grade III–IV ( $p = 0.024$ ) than high NtLR groups.

To minimize potential bias, we matched 435 pairs of patients by propensity score matching. There were no significant differences in baseline characteristics between the low and high NtLR groups ([Table 4](#)).

**Table 2** Univariate Cox Regression Analysis of Factors Associated with OS and RFS in AFP-Negative HCC Patients

Variables	OS		RFS	
	HR (95% CI)	p-value	HR (95% CI)	p-value
<b>Patient factors/Surgical factors</b>				
Age, ≥50 years vs <50 years	0.993 (0.815–1.209)	0.942	0.958 (0.817–1.124)	0.597
Gender, male vs female	1.146 (0.803–1.637)	0.453	1.254 (0.937–1.679)	0.127
Hepatitis, yes vs no	1.009 (0.765–1.331)	0.950	0.974 (0.777–1.222)	0.821
AFP, ng/mL	1.036 (1.016–1.057)	<0.001	1.046 (1.029–1.062)	<0.001
ALBI, >2.63 vs ≤2.63	1.458 (1.169–1.818)	0.001	1.459 (1.217–1.749)	<0.001
Blood transfusion, yes vs no	1.393 (1.028–1.888)	0.033	1.590 (1.238–2.043)	<0.001
Operative bleeding loss, >800mL vs ≤800mL	1.558 (1.140–2.129)	0.005	1.715 (1.325–2.221)	<0.001
Resection margin, ≥1cm vs <1cm	0.654 (0.503–0.849)	0.001	0.735 (0.598–0.904)	0.004
<b>Inflammation-related markers</b>				
NrLR, >120 vs ≤120	1.895 (1.563–2.297)	<0.001	1.796 (1.538–2.099)	<0.001
LMR, >5 vs ≤5	0.751 (0.620–0.909)	0.003	0.712 (0.610–0.832)	<0.001
PLR, >142 vs ≤142	1.541 (1.228–1.933)	<0.001	1.466 (1.213–1.770)	<0.001
PNI, >50 vs ≤50	0.668 (0.552–0.807)	<0.001	0.749 (0.641–0.874)	<0.001
SII, >580 vs ≤580	1.533 (1.199–1.960)	0.001	1.492 (1.215–1.832)	<0.001
<b>Tumor factors</b>				
Tumor size, ≥5cm vs <5cm	2.840 (2.290–3.522)	<0.001	3.091 (2.605–3.667)	<0.001
Tumor number, multiple vs solitary	2.013 (1.597–2.536)	<0.001	2.463 (2.037–2.978)	<0.001
Microvascular invasion, presence vs absence	1.924 (1.577–2.348)	<0.001	1.926 (1.634–2.271)	<0.001
Edmondson-Steiner grade, III–IV vs I–II	2.036 (1.570–2.641)	<0.001	1.843 (1.506–2.257)	<0.001
Liver cirrhosis, presence vs absence	1.044 (0.854–1.277)	0.672	1.072 (0.910–1.263)	0.406

**Abbreviations:** AFP, alpha-fetoprotein; HCC, hepatocellular carcinoma; OS, overall survival; RFS, recurrence-free survival; HR, hazard ratio; CI, confidence interval; ALBI, albumin-bilirubin; NrLR, neutrophil times  $\gamma$ -glutamyl transpeptidase to lymphocyte ratio; LMR, lymphocyte to monocyte ratio; PLR, platelet to lymphocyte ratio; PNI, prognostic nutritional index; SII, systemic immune-inflammation index.

**Table 3** Multivariable Cox Regression Analysis of Factors Associated with OS and RFS in AFP-Negative HCC Patients

Variables	OS		RFS	
	HR (95% CI)	p-value	HR (95% CI)	p-value
NrLR, >120 vs ≤120	1.390 (1.133–1.704)	0.002	1.228 (1.038–1.452)	0.017
PNI, >50 vs ≤50	0.790 (0.651–0.960)	0.018	-	-
AFP, ng/mL	-	-	1.030 (1.013–1.452)	0.001
Tumor size, ≥5cm vs <5cm	2.674 (2.126–3.362)	<0.001	2.892 (2.417–3.461)	<0.001
Tumor number, multiple vs solitary	1.857 (1.471–2.345)	<0.001	2.295 (1.894–2.781)	<0.001
Microvascular invasion, presence vs absence	2.028 (1.651–2.493)	<0.001	1.910 (1.614–2.260)	<0.001
Edmondson-Steiner grade, III–IV vs I–II	1.466 (1.120–1.918)	0.005	1.267 (1.026–1.563)	0.028

**Abbreviations:** AFP, alpha-fetoprotein; HCC, hepatocellular carcinoma; CI, confidence interval; OS, overall survival; RFS, recurrence-free survival; HR, hazard ratio; PNI, prognostic nutritional index; NrLR, neutrophil times  $\gamma$ -glutamyl transpeptidase to lymphocyte ratio; GPR,  $\gamma$ -glutamyl transpeptidase to platelet ratio.

## Comparison of Prognosis Between Low NrLR and High NrLR Groups in AFP-Negative HCC Patients

Before PSM, the 1-year, 3-year, and 5-year OS rates in the low NrLR and high NrLR groups were 96.6%, 87.6%, 67.3%, and 91.0%, 73.2%, 53.8% ( $p < 0.001$ ), respectively (Figure 2A). The 1-year, 3-year, and 5-year RFS rates in the two groups were 82.7%, 66.0%, 51.8%, and 67.6%, 48.4%, 33.8% ( $p < 0.001$ ), respectively (Figure 2B).

**Table 4** Baseline Characteristics of Patients

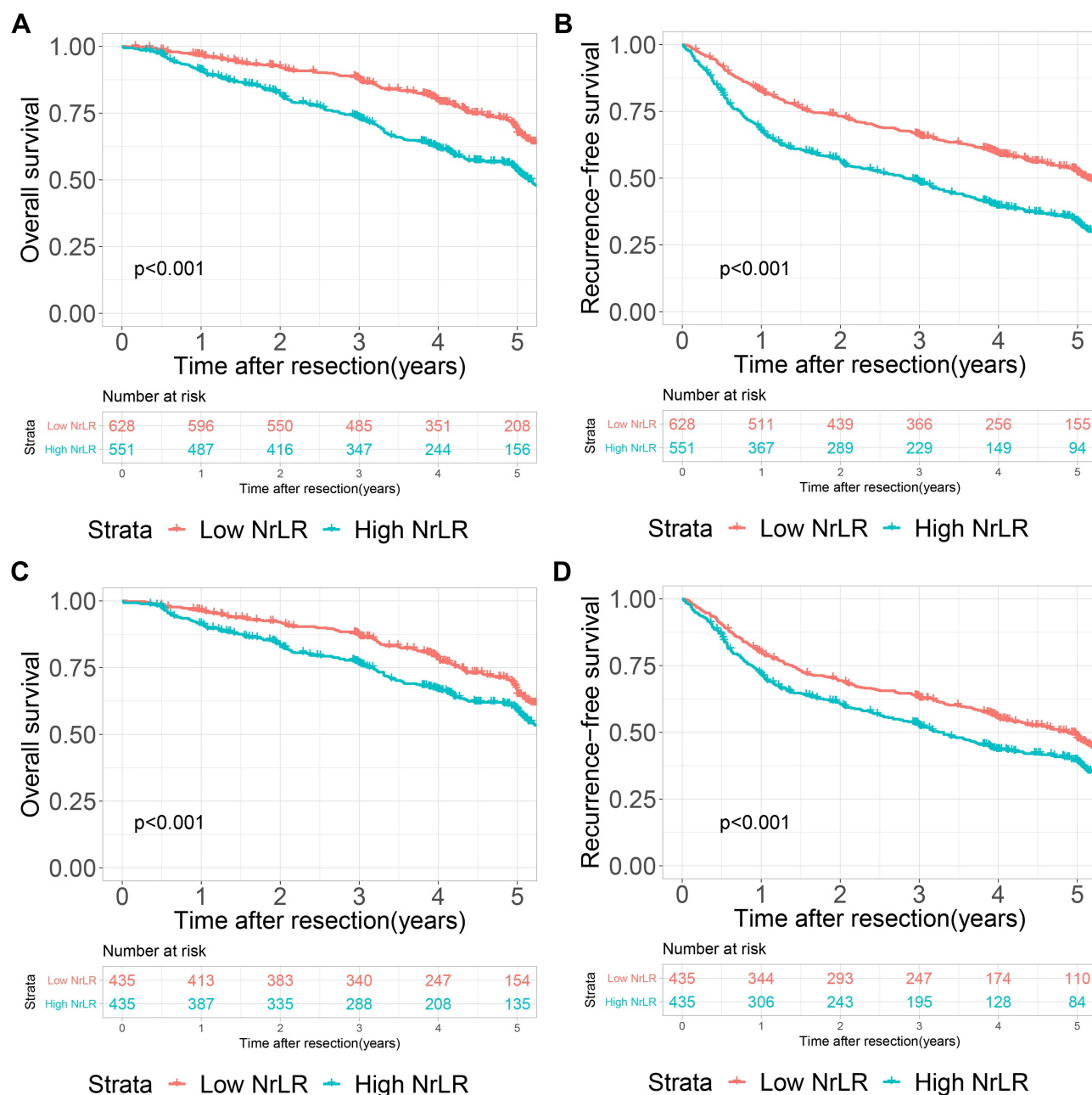
Variables	Before PSM			After PSM		
	Low NrLR (n=628)	High NrLR (n=551)	p-value	Low NrLR (n=435)	High NrLR (n=435)	p-value
<b>Age, years</b>	53.3 (10.4)	54.0 (10.3)	0.227	53.5 (10.6)	54.0 (10.2)	0.498
<b>Gender</b>			0.016			0.522
Female	67 (10.7%)	36 (6.5%)		36 (8.3%)	30 (6.9%)	
Male	561 (89.3%)	515 (93.5%)		399 (91.7%)	405 (93.1%)	
<b>Hepatitis</b>			0.079			0.283
No	80 (12.7%)	91 (16.5%)		55 (12.6%)	67 (15.4%)	
Yes	548 (87.3%)	460 (83.5%)		380 (87.4%)	368 (84.6%)	
<b>AFP, ng/mL</b>	5.56 (4.26)	6.47 (4.43)	<0.001	6.05 (4.50)	6.24 (4.20)	0.515
<b>ALBI grade</b>			<0.001			0.868
Grade 1	527 (83.9%)	407 (73.9%)		342 (78.6%)	345 (79.3%)	
Grade 2	101 (16.1%)	144 (26.1%)		93 (21.4%)	90 (20.7%)	
<b>Resection margin</b>			0.024			0.663
<1cm	488 (77.7%)	458 (83.1%)		357 (82.1%)	351 (80.7%)	
≥1cm	140 (22.3%)	93 (16.9%)		78 (17.9%)	84 (19.3%)	
<b>Blood transfusion</b>			<0.001			0.888
No	601 (95.7%)	479 (86.9%)		409 (94.0%)	407 (93.6%)	
Yes	27 (4.3%)	72 (13.1%)		26 (6.0%)	28 (6.4%)	
<b>Operative bleeding loss</b>			<0.001			0.662
<800mL	605 (96.3%)	485 (88.0%)		412 (94.7%)	408 (93.8%)	
≥800mL	23 (3.7%)	66 (12.0%)		23 (5.3%)	27 (6.2%)	
<b>Tumor size, cm</b>	4.81 (2.58)	6.82 (3.61)	<0.001	5.48 (2.75)	5.79 (2.90)	0.108
<b>Tumor number</b>			0.155			0.777
Solitary	546 (86.9%)	462 (83.8%)		371 (85.3%)	367 (84.4%)	
Multiple	82 (13.1%)	89 (16.2%)		64 (14.7%)	68 (15.6%)	
<b>Microvascular invasion</b>			0.889			0.750
Absence	474 (75.5%)	413 (75.0%)		329 (75.6%)	334 (76.8%)	
Presence	154 (24.5%)	138 (25.0%)		106 (24.4%)	101 (23.2%)	
<b>Edmondson-Steiner grade</b>			0.024			0.936
I-II	165 (26.3%)	113 (20.5%)		103 (23.7%)	101 (23.2%)	
III-IV	463 (73.7%)	438 (79.5%)		332 (76.3%)	334 (76.8%)	
<b>Liver cirrhosis</b>			0.516			0.432
No	211 (33.6%)	196 (35.6%)		143 (32.9%)	155 (35.6%)	
Yes	417 (66.4%)	355 (64.4%)		292 (67.1%)	280 (64.4%)	

**Abbreviations:** Mean (standard deviation, SD) was presented for continuous variables. PSM, propensity score matching; AFP, alpha-fetoprotein; ALBI grade, albumin-bilirubin grade; NrLR, neutrophil times  $\gamma$ -glutamyl transpeptidase to lymphocyte ratio.

After PSM, the 1-year, 3-year, and 5-year OS rates in the low NrLR and high NrLR groups were 96.3%, 86.9%, 64.9%, and 91.4%, 76.7%, 59.5% ( $p < 0.001$ ), respectively (Figure 2C). The 1-year, 3-year, and 5-year RFS rates in the two groups were 80.0%, 62.9%, 47.5%, and 71.7%, 52.6%, 39.5% ( $p < 0.001$ ), respectively (Figure 2D).

## Subgroup Analysis

To further compare of prognosis between low NrLR and high NrLR groups in several subgroups, forest plots were performed by tumor features and liver function. In several subgroups (such as hepatitis, ALBI Grade 1, tumor size <5cm, solitary tumor number, MVI, Edmondson-Steiner grade of III-IV, and liver cirrhosis), high NrLR also had worse prognosis than low NrLR, indicating that NrLR could distinguish prognosis in different populations (Figures 3 and 4).



**Figure 2** Comparison of prognosis between Low NrLR and High NrLR Groups. (A) OS before PSM; (B) RFS before PSM; (C) OS after PSM; (D) RFS after PSM.

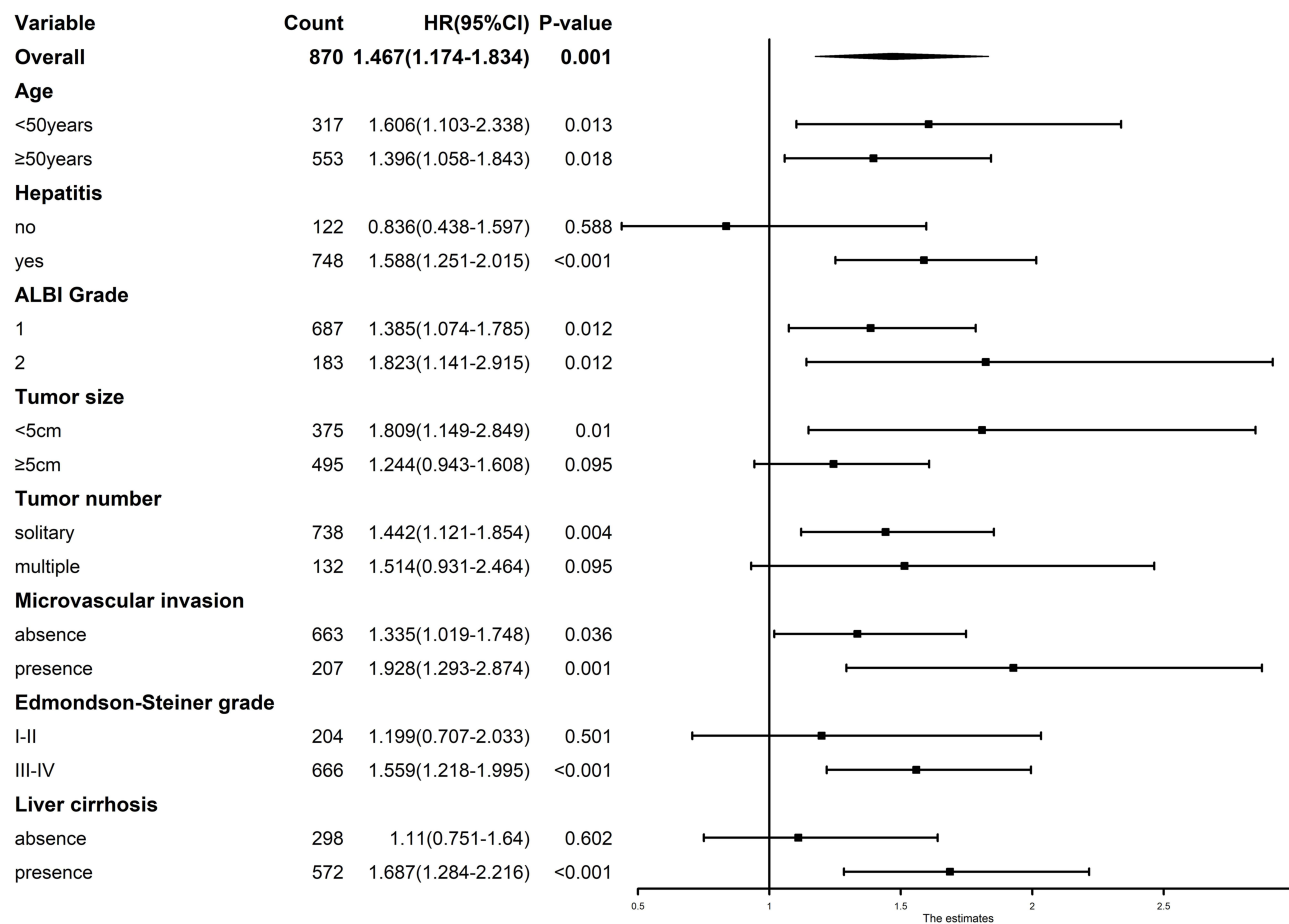
**Abbreviations:** OS, overall survival; RFS, recurrence-free survival; NrLR, neutrophil times  $\gamma$ -glutamyl transpeptidase to lymphocyte ratio; PSM, propensity score matching.

## Discussion

Based on our large retrospective cohort study, we found that NrLR was an independent risk factor for OS and RFS in AFP-negative HCC patients after curative resection. A high level of NrLR is associated with more aggressive tumor features, and poorer long-term survival, which was consistently observed in PSM.

Alpha-fetoprotein (AFP) is the most important biomarker used as a screening, diagnostic and prognostic indicator for HCC.<sup>21</sup> For healthy adults, elevated AFP is an indication of HCC. For the patients diagnosed with HCC, higher AFP is related to more aggressive tumor features, poorer survival, and poorer treatment responses.<sup>22–25</sup> Studies have shown that the long-term outcome of AFP-negative HCC patients was better than AFP-positive patients.<sup>26</sup> Even in AFP-negative





**Figure 3** Comparison of overall survival between Low NrLR and High NrLR Groups in different subgroups.

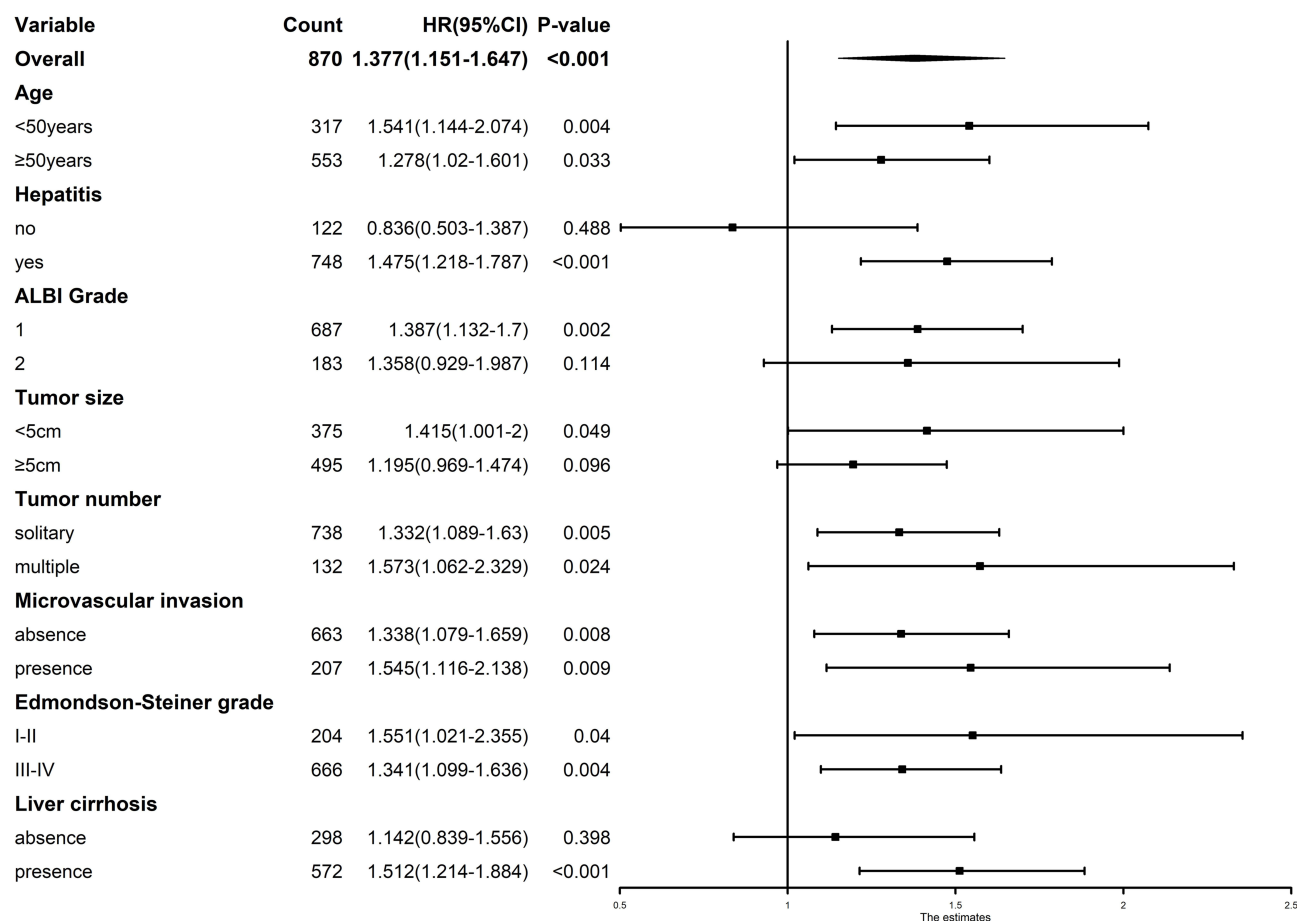
**Abbreviations:** NrLR, neutrophil times  $\gamma$ -glutamyl transpeptidase to lymphocyte ratio; ALBI grade, albumin-bilirubin grade.

HCC patients, AFP was still an independent prognostic factor.<sup>6</sup> We also found that AFP was associated with recurrence in AFP-negative HCC patients.

At present, the diagnosis and postoperative follow-up of AFP-negative HCC mainly rely on imaging methods.<sup>21,27</sup> However, because of the radiation and high cost of CT scanning, it is not recommended to use it in a short period, and ultrasonography is not sensitive to minor lesions, so many clinicians suggest to use other methods, such as hematological biomarkers as the ideal choice for postoperative monitoring.<sup>28–30</sup> In this study, we demonstrated that NrLR was the independent risk factor for prognosis in AFP-negative HCC patients. This marker can be calculated from simple, low-cost, and easily obtained blood tests, so this study is of great significance in clinical practice.

NrLR is constituted by neutrophilia count, lymphopenia count, and GGT. Neutrophils and lymphocytes are peripheral blood cells. Studies have shown that neutrophils can accelerate tumor migration and invasion.<sup>31,32</sup> On the other hand, lymphocytes play an anti-cancer role in inhibiting tumor recurrence and metastasis.<sup>14,33</sup> Moreover, a high level of GGT was related to poor survival.<sup>34,35</sup> Accordingly, all of these were adverse factors for HCC patients. The NrLR integration of these three factors can better reflect their impact on HCC. Therefore, NrLR had a strong ability to identify different prognostic groups. However, the mechanism of NrLR in AFP-negative HCC patients remains unclear.

Our study has some limitations. First, it was a retrospective study, which may be affected by bias. Therefore, we used propensity score matching to minimize the difference between two groups. Second, nearly 90% of patients in our cohort were hepatitis B infections, so it should be further validated in different etiology.



**Figure 4** Comparison of recurrence-free survival between Low NrLR and High NrLR Groups in different subgroups.

**Abbreviations:** NrLR, neutrophil times  $\gamma$ -glutamyl transpeptidase to lymphocyte ratio; ALBI grade, albumin-bilirubin grade.

In conclusion, our study showed that the NrLR was the significant prognostic factor for OS and RFS in AFP-negative HCC patients after curative resection. The simple and low-cost marker could help physician to determine patients at high risk of tumor recurrence for frequent clinical surveillance.

## Data Sharing Statement

All datasets generated for this study are available within the article.

## Author Contributions

All authors made a significant contribution to the work reported, whether that is in the conception, study design, execution, acquisition of data, analysis and interpretation, or in all these areas; took part in drafting, revising or critically reviewing the article; gave final approval of the version to be published; have agreed on the journal to which the article has been submitted; and agree to be accountable for all aspects of the work.

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## Disclosure

The authors declare no competing interests for this work.



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